



CITY OF SANTA BARBARA
PARKS AND RECREATION COMMISSION REPORT

AGENDA DATE: March 28, 2012

TO: Parks and Recreation Commission

FROM: Recreation Division, Parks and Recreation Department

SUBJECT: Recognition of Patricia Bragg of Bragg Health Institute for her annual support of the Healthy Options for Youth Teen Culinary Arts Program

RECOMMENDATION: That the Commission recognize Patricia Bragg of the Bragg Health Institute for her long time support of the Parks and Recreation Programs and especially for the Healthy Options for Youth Teen Culinary Arts Program.

DISCUSSION:

The Parks and Recreation Department funds many programs, but often reaches out for help from individuals, foundations and institutes who they know share their goal for healthy living for all groups in the community.

We first met Patricia Bragg when we formerly sponsored the Santa Barbara Triathlon as a fundraiser for Special Olympics, a sports and exercise program for individuals with disabilities. Patricia was the first one on board, providing funds, products and personal support. Yes, she was there at 3:00am, helping us set up.

Years later we approached her because we wanted to add a program called "Heart Fit, Heart Felt" at the after school program. That helped elementary age students' exercise for their heart and do good deeds for their character. She again came on board with funding.

Most recently, and for the past 3 years she has funded the Teen Culinary Arts Program. Again, this fits right into her goal of healthy life style and healthy cooking. She knows it is important to teach the youth this message at a young age with hands on experience in the kitchen.

The Parks and Recreation Department would like to recognize the generosity that Patricia Bragg has provided to the students. Her contribution and generosity to the youth are greatly appreciated.

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