

## ADAPTED RECREATION PROGRAM INCLUSION SERVICES

### ABOUT THE ADAPTED RECREATION PROGRAM

The Adapted Recreation Program is committed to providing safe, enjoyable, inclusive recreation opportunities for all, including individuals with special needs.

The Parks and Recreation Department's Adapted Recreation Program provides both specialized and inclusive sports and recreation activities for children and adults of all ages and abilities. Participants are able to travel, play, compete, stay active, and make friends, all in a safe, supportive environment staffed by caring professionals.

**To find out more about our program, please call the Adapted Recreation Program Office at (805) 564-5421 or visit our webpage at**

**[SantaBarbaraCA.gov/Adapted](http://SantaBarbaraCA.gov/Adapted)**

### AFTER-SCHOOL PROGRAMS

In conjunction with the Santa Barbara Unified School District, the Parks and Recreation Department offers the Recreation After-school Program (also known as RAP) at Adams, Monroe, Roosevelt, and Washington Elementary Schools.

This program strives to give children with special needs the same recreation experiences as all other children.

Inclusion support staff creates opportunities for increased independence and socialization. Children of all abilities work together, adapt to each other's strengths, and learn to understand and accept each other.

### SUMMER CAMPS AND SPORTS CLINICS

There are many opportunities for children with special needs to attend camps and other programs offered throughout the year by the Parks and Recreation Department.

Please refer to our activities listings, which are released periodically, to find out about our activities, and call

the Adapted Recreation Program at (805) 564-5421 to discuss inclusion of your child.

The latest online activity listing can be found at

**[SantaBarbaraCA.gov/Activities](http://SantaBarbaraCA.gov/Activities)**

### OUR PROCESS

It is the goal of the Adapted Recreation Program's assessment team to plan for reasonable and appropriate program accommodations for a positive recreational experience. This may or may not include extra supervision provided by an inclusion support staff member.

**Here's how to get signed up...**

#### 1. REGISTER FOR ACTIVITIES

Registration must be received three weeks prior to program start, in order to allow sufficient time for consultation between staff, assessment of the individual, evaluation of activity, level of supervision required, and arrangements for staff.

Participants requiring accommodations may need to provide additional information concerning their health or special need.

#### 2. GET IN TOUCH WITH THE ADAPTED RECREATION PROGRAM

Once you have registered, contact the Adapted Programs Office to update your information. Let our well-trained staff help make your recreational experience safe and enjoyable.

### HOW TO CONTACT US

#### STAFF CONTACT

**Julie Thomas**, Inclusion Coordinator

CITY OF SANTA BARBARA

**PARKS AND RECREATION DEPARTMENT**

Carrillo Recreation Center, Upstairs

100 East Carrillo Street

(805) 564-5421 Phone | (805) 897-2830 Fax

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CITY OF SANTA BARBARA **PARKS AND RECREATION DEPARTMENT**

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